

WHEN: Saturday, August 15th, 2009 • 10 a.m.-2 p.m.

WHere: North Idaho College Campus • Coeur d'Alene

Featuring:

- FREE bike helmet signed by Olympic gold medal cyclist Kristin Armstrong to the first 100 participants
- An Obstacle course to test your riding ability
- A Certificate of completion for all participants



IN partnership With the Blue Cruise Community Wellness Fair

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Presented by the Blue Cross of Idaho Foundation for Health. For more information visit: bluecruiseidaho.com/bike-rodeo